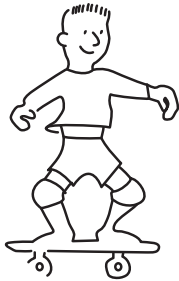


# Wednesday, May 13, 2009

# Walk, Ride, and Roll

# to School



## Participants will receive:

- Walk to School Day sticker
  - special prizes for every grade level
- Students who ride the bus can participate by walking a mile at lunch.

## Parents...

are encouraged to walk, ride, and roll with their children. Make it a family event! Create a walking school bus, or a bicycle train.

## Bike to Work Week

May 11–15 is Bike to Work Week, with plenty of activities for adults and kids;  
<http://www.bikecarson.com/bike-month/>

## Safe Routes to School

Walk to School Day is part of Carson City's **Safe Routes to School (SRTS)** program, which encourages students to walk and bike to school. You and your children will be learning more this school year about how to make getting to school safe, friendly, fun, healthy and good for the earth. Please join your Parent Teacher Organization to encourage safe, human-powered transportation. More on SRTS at <http://srts.raincloudpub.com/>.

## Why Walk?

- Physical activity
- Teaching safe walking and biking skills to children
- Awareness of how walkable a community is and where improvements can be made
- Concern for the environment
- Reducing traffic congestion, pollution and speed near schools
- Taking back neighborhoods for people on foot
- Sharing time with community leaders, parents and children