



Al Seeliger Elementary's Walk, Ride, and Roll to School Wednesday, October 8, 2008

Participants will receive:

- sticker
- keychain feet
- a chance at a Walk to School pack and other special prizes

Students who ride the bus can participate by walking a mile before school or at lunch.

Parents...

are encouraged to walk, ride, and roll with their children. Make it a family event! Create a walking school bus, or a bicycle train.

Safe Routes to School

Walk to School Day is part of Carson City School District's **Safe Routes to School (SRTS)** program, which encourages students to walk and bike to school. You and your children will be learning more this school year about how to make getting to school safe, friendly, fun, healthy and good for the earth. You are invited to join a committee working at Seeliger to encourage safe, human-powered transportation.

Why Walk?

- Physical activity
- Teaching safe walking and biking skills to children
- Awareness of how walkable a community is and where improvements can be made
- Concern for the environment
- Reducing traffic congestion, pollution and speed near schools
- Taking back neighborhoods for people on foot
- Sharing time with community leaders, parents and children